

HAVASU FALLS PACKING CHECKLIST

Backpacking Trip to Havasupai, Arizona (3 Nights / 4 Days)

TRIP DATE: _____

BACKPACK ESSENTIALS

- ☐ Backpack with hip belt
- ☐ Rain cover for backpack
- ☐ Small daypack for waterfall hikes
- ☐ Headlamp (with extra batteries)
- ☐ Paracord (for food + trash hanging)



CAMPING & SLEEPING GEAR

- ☐ Lightweight tent
- ☐ Sleeping hammock (instead of a tent, optional)
- ☐ Lightweight sleeping bag
- ☐ Sleeping pad
- ☐ Relaxing hammock (for camp)



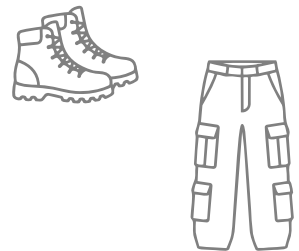
WATER, HYDRATION & FOOD FOR THE HIKE

- ☐ Water reservoir or bottles (minimum 1 gallon per person)
- ☐ Electrolytes (powder or tablets, electrolytes drink)
- ☐ Salty snacks / Protein bars / Jerky / trail snacks
- ☐ Packed lunch for hike day



HIKING CLOTHING (FOR THE 10-MILE DESERT HIKE IN AND OUT)

- ☐ Sturdy hiking boots or hiking shoes (well broken in)
- ☐ Merino wool or synthetic hiking socks
- ☐ Moisture-wicking short-sleeve hiking shirts
- ☐ Lightweight long-sleeve hiking shirt (sun + wind protection)
- ☐ Hiking pants or lightweight trail pants
- ☐ Hiking shorts (optional, warm months)
- ☐ Moisture-wicking hiking underwear
- ☐ Lightweight fleece or insulating layer
- ☐ Lightweight rain jacket or poncho (monsoon season)



WATERFALL & CAMP CLOTHING (HAVASU CREEK)

- ☐ Swimsuit (nudity is not allowed)
- ☐ Quick-dry towel
- ☐ Water shoes or sandals with good traction
- ☐ Lightweight camp clothes for chilly evenings
- ☐ Sleepwear (nights can feel chilly)
- ☐ Optional lightweight dress or favorite outfit for photos at the waterfalls



SUN PROTECTION



- ☐ Wide-brim hat or baseball cap
- ☐ Sunglasses with UV protection
- ☐ Reef-safe sunscreen (high SPF)
- ☐ Lightweight long-sleeve shirt for sun protection
- ☐ SPF lip balm
- ☐ Bandana or neck gaiter (sun + sweat)

TOILETRIES

- ☐ Toothbrush and toothpaste
- ☐ Baby wipes / body wipes
- ☐ Hand sanitizer
- ☐ Small personal hygiene kit
- ☐ Toilet paper (backup)



COOKING & FOOD

- ☐ Ultralight backpacking stove
- ☐ Fuel canister
- ☐ Lighter or matches
- ☐ Mug (coffee/tea)
- ☐ Lightweight cookware



- ☐ Ready-to-eat backpacking meals
- ☐ Snacks, protein bars, jerky
- ☐ Coffee / tea
- ☐ Food storage bags
- ☐ Water purification tablets



MOONEY FALLS & BEAVER FALLS ADD-ON GEAR

- ☐ Gloves for chains and ladders (work gloves or grip gloves)
- ☐ Dry bag or phone protection
- ☐ Trekking poles (optional but helpful also for the 10-mile hike)



PHOTOGRAPHY BASICS

- ☐ Smartphone or camera
- ☐ Extra batteries
- ☐ Memory cards
- ☐ Lens cleaning cloth
- ☐ Waterproof camera protection
- ☐ Lightweight tripod (optional)



SAFETY, DOCUMENTS & ESSENTIALS

- ☐ Photo ID or passport
- ☐ Permit confirmation (digital + printed)
- ☐ Wristbands (issued at check-in)
- ☐ First aid kit + Prescription medications
- ☐ Travel insurance details
- ☐ Power bank
- ☐ Cash (village store)
- ☐ Whistle or basic safety tool



QUICK RULES TO KNOW (HAVASUPAI TRIBAL LAND)

- A valid permit is required to enter Havasupai and stay 3 nights minimum
- Alcohol, drugs, and drones are strictly prohibited
- Campfires are not allowed anywhere
- Do not photograph Supai Village, residents, or pack animals
- Nudity, cliff jumping, and diving are not allowed
- Pack out all trash — there are no trash services
- Follow all rules set by the Havasupai Tribe



HIKING SAFETY TIPS (READ BEFORE YOU GO)

- The hike is 10 miles one way through a desert canyon
- There is no water on the trail until Supai Village
- Start hiking before sunrise to avoid extreme heat
- Carry at least 1 gallon (3-4 liters) of water per person
- Use electrolytes to prevent dehydration
- Wear broken-in hiking shoes — blisters end trips early
- Hiking out is harder than hiking in
- Summer temperatures can exceed 100°F (38°C)
- Flash floods can occur even if it's not raining nearby
- Always check weather conditions before hiking
- Nights and mornings can feel cold



CAMPING REALITY CHECK

- No running water, no showers, no electricity
- Composting toilets only
- Limited supplies in Supai Village (high prices)

Enjoy the hike, respect the land, the Tribal rules, and take your time — you're heading somewhere truly special.
The effort is real, but the Havasupai Waterfalls are worth every step!